

# *Lifelong Learning*

## *Fall 2018 Course Registration*

### **Lecture Series**

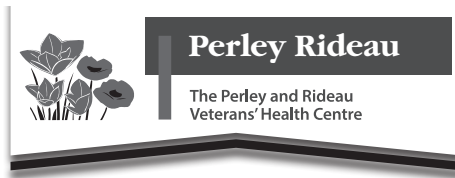
- From Zero to a Million in 200 Years: Ottawa's History in Songs, Slides and Stories** | Instructor: Phil Jenkins  
**Duration:** 5 weeks  
**Price:** \$75 (incl. parking)  
**Day & Time:** Wednesdays, 10am – 12pm  
**Dates:** October 10, 17, 24, 31, November 7  
**Room:** Games Room  
**Class size:** Up to 25 participants

### **One-Off Lectures**

- From Community Supports to Long-Term Care: Navigating Healthcare Option (1)**  
Instructors:  
Doris Jenkins & Carolyn Vollicks  
**Date:** Saturday, October 13  
**Time:** 1pm-4pm (includes break)  
**Price:** FREE (incl. parking)  
**Room:** Lupton Hall  
**Class size:** Up to 100 participants
- From Community Supports to Long-Term Care: Navigating Healthcare Option (2)**  
Instructors:  
Doris Jenkins & Carolyn Vollicks  
**Date:** Monday, October 15  
**Time:** 6pm-9pm (includes break)  
**Price:** FREE (incl. parking)  
**Room:** Lupton Hall  
**Class size:** Up to 100 participants
- Packing and Moving from the Family Home**  
Instructors: Joanne Wilson, Mark Wilson & Kathy Turner  
**Date:** Tuesday, October 23  
**Time:** 2pm - 4pm  
**Price:** FREE (incl. parking)  
**Room:** Lupton Hall  
**Class size:** Up to 100 participants  
**To register for this course, please call 613-733-9100 or email [joannewilson@royalpage.ca](mailto:joannewilson@royalpage.ca)**

(same session repeated twice)

- Mandarin at Chinese Restaurants**  
Instructor: Lacey Sheng  
**Date:** Thursday, October 25  
**Time:** 3:30pm-5pm (Course), 5pm-6pm (Dinner)  
**Price:**  
 \$25 (Course & Dinner)  
 \$10 (Course Only)  
**Room:** Games Room (Course), Cafeteria (Dinner)  
**Class size:** Up to 30 participants
- Canada's War Art**  
Instructor: Laura Brandon  
**Date:** Thursday, November 8  
**Time:** 2pm – 4:30pm (with break)  
**Price:** \$10 (incl. parking)  
**Room:** Lupton Hall  
**Class size:** Up to 100 participants
- Digital Communications for Beginners**  
Instructors:  
Emily Jones Joannis & Tas Damen  
**Date:** Thursday, November 8  
**Time:** 7pm – 9pm  
**Price:** FREE (incl. parking)  
**Room:** Great Hall of the Commissionaires Ottawa Place  
**Class size:** Up to 30 participants



# Lifelong Learning Fall 2018 Course Registration

If possible, please supply your email address so we can send your confirmation electronically. Otherwise we will mail a confirmation letter to the address supplied at the time of registration. All personal contact information is handled securely and will only be used to notify participants of changes, cancellations or new program offerings.

Details to register and to make a payment by cheque, credit card or Electronic Funds Transfer (ETF).

Payment for fee-based courses is due upon registration.

- Cheques should be addressed to: The Perley and Rideau Veterans' Health Centre

Mail the completed registration and cheque to:

Perley Rideau Lifelong Learning  
 1750 Russell Road  
 Ottawa, ON K1G 5Z6

- Credit card
  - Please contact the Perley Rideau Lifelong Learning Offices to arrange payment 613-526,7171, ext. 2222
  - Please leave a voicemail with your name, telephone number and indicate the course(s) of choice.
  - **Do not include** banking or credit card information in your voice message.
  - Your call will be returned within two business days and payment can be arranged.
  - Requests are processed according to the date and time of phone message.
- Electronic Funds Transfer (only available for apartment tenants of the Perley Rideau)
  - Please inform Perley Rideau staff to select a course and register. Staff will assist you with arranging payment

## REGISTRATION FORM

Email address is optional. All other fields are mandatory.

Name	
Address	
Phone	
Email <i>(Optional)</i>	
Payment for fee-based courses <i>Please indicate method of payment</i>	<input type="checkbox"/> Cheque <input type="checkbox"/> Credit card <input type="checkbox"/> Electronic Funds Transfer <i>(only available for apartment tenants of the Perley Rideau)</i>

For more information, please visit [www.ActivePerleyRideau.com](http://www.ActivePerleyRideau.com) and select "Lifelong Learning".

You can also call 613-526-7171, ext. 2222.

*Perley Rideau Lifelong Learning is made possible thanks for the generous support from the Centre for Aging and Brain Health Innovation's (CABHI) SPARK program.*



CENTRE FOR AGING  
 + BRAIN HEALTH  
 INNOVATION  
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**[www.ActivePerleyRideau.com](http://www.ActivePerleyRideau.com)**